

Jacob's House Recovery Center

Residential House Rules

1. No use of alcohol or other drugs. Individuals who relapse are removed from the home immediately. Once sober and/or clean, the home's residents will vote on re-admittance to the home.
2. Compliance with random urine tests.
3. Compliance with established curfews.
4. Completion of household chores. Household chores will be assigned bi-weekly by the Resident Manager and should be initialed by the resident on the calendar after completion.
5. Participation in outpatient treatment until Graduation. Discharge from the IOP will result in non-compliance proceedings. Residents should attend evidence-based support meeting, such as 12-step programs 4 times per week with documentation required.
6. Resident must obtain a sponsor within a mutually agreeable time period.
7. Participation in mandatory weekly house meetings.
8. No drug paraphernalia or items promoting drug use.
9. Residents will maintain "Quiet Time" from 11pm until 6am the following morning. Televisions and radios are to be turned off at this time, but if you have headphones on, it is acceptable to use a personal electronic device. (as long as it is not disruptive to fellow residents who share your room). TVs are not allowed in the resident's rooms.
- 10.No loud music and/or music that promotes vulgarity, violence, alcohol or drug use and race/gender discrimination.
- 11.We expect a high standard of cleanliness to be maintained at each Sober Living Home, and chores should be completed each day. Your bed is to be made if you are not in it. Clothing is to be in drawers or the closet. Dirty clothes should be placed in baskets and not thrown on the floor. All personal items should be kept neatly on/in dressers or nightstands and not on the window sills.
- 12.The kitchen should be kept clean. Dishes are to be washed after use and not left in the sink.
- 13.Please maintain appropriate hygiene habits. Clients are responsible for attaining their own toiletries.
- 14.No personal items are to be left in the common areas of the house, including bathrooms.
- 15.No open food items are permitted in your room.
- 16.Smoking or vaping are not allowed inside the house.

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17. Curfew is Sunday thru Thursday at 9:30pm; Friday and Saturday at 10:30pm. Contact your Resident Manager if you are going to be late. Any adjustments to this for work are to be approved by the resident's Counselor in conjunction with input from the Resident Manager. Most lateness without prior approval or appropriate notice will result in a written "Notice to Remedy" and is considered non-compliance.
18. Residents can NOT leave the recovery house between curfew and 6am.
19. Residents must sleep at the house each night unless prior arrangements are approved in writing in advance (at least 24 hours). Overnight passes can be requested after 45 days for a maximum of one night every other week. If client is doing well, after 90 days it can be one night every week.
20. If needed, all residents of a house must set up agreeable shower times.
21. The house must be kept free from all contraband, such as weapons, drugs, alcohol, paraphernalia, flammable or poisonous materials, and nude or sexually suggestive photos or graphics.
22. Each resident must notify IOP's Physician about all medications AND get approval from IOP's Physician for all medications. Each resident is responsible for keeping all medicine out of sight, insuring all medications are in their original container, taking medications in the prescribed dosage at the prescribed time, and not sell, give, or take medications from others.
23. Visitors are allowed with permission from, and in the presence of the Resident Manager. Residents must notify Resident Manager two days prior to visitation. Visitors are only allowed on the 1st floor. Visits may occur from 6pm to 8pm and are NEVER overnight.
24. Damage done by visitors or guests is the responsibility of the resident. Visitors who disrupt the home environment will be asked to leave immediately and will not be allowed to return without permission from the Resident Mgr and CEO.
25. No sexual activity with self or others is permitted.
26. We have a zero tolerance policy and will not tolerate violence, threats, harassment, intimidation, and other disruptive behavior, either physical or verbal, that occurs in our facilities or other areas.
27. No illegal activities will be tolerated and violations of any laws will be reported to law enforcement.

Resident Signature and Date _____

Jacob's House Staff Signature _____